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From the desk of
Lora J. Abel
 Executive Director



Anytime I slow down from the busyness here at HLS long enough to look into the faces of our clients, I can see the anxiety, worry, loneliness, and fear stemming from any number of concerns, like deadlines looming on the horizon, the decision to choose an abortion because of finances or pressure from a boyfriend or family member, or the loss of a job or housing by a certain date...the list goes on and on for them.

More and more, however, we're all feeling the effects of a culture spiraling out of control and away from a God who deeply loves us. Danger and uncertain political and economic conditions can threaten our sense of well-being and surface some very unsettling emotions in the bravest among us!

Thankfully, God is sovereign, He is in control, He has not and He never will jump down off His throne and begin to pace in utter despair — and neither should we! Evil will NOT triumph!

I love the words of Christian singer and songwriter Lauren Daigle's song, "Trust in You:"

*Letting go of every single dream, I lay each one down at your feet.
 Every moment of my wandering never changes what you see.
 I've tried to win this war, I confess, my hands are weary I need Your rest.
 Mighty warrior King of the fight, no matter what I face You're by my side.
 'Truth is You know what tomorrow brings, there's not a day ahead you have not seen.
 So in all things be my life and breath, I want what you want Lord and nothing less...
 You are my strength and comfort, You are my steady hand,
 You are my firm foundation, the rock on which I stand
 Your ways are always higher, your plans are always good,
 There's not a place where I'll go you've not already stood.
 When you don't move the mountains I'm needing you to move
 When you don't part the waters I wish I could walk through
 When you don't give the answers as I cry out to you
 I will trust, I will trust, I will trust in YOU!
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We can draw strength from God's Word, and in turn point those we serve to Christ, our sure foundation. We can stand on His words, "I will never leave you nor forsake you. So we may boldly say: 'The Lord is my helper; I will not fear. What can man do to me?'" (Hebrews 13:5-6)

Thank you for standing with us in prayer, with your financial support, and for giving of your time and talents to help us lead others to the only source that will bring the strength needed to navigate each day with unwavering faith!

SAVE THE DATE - October 21, 2016
Human Life Services'
Fall Banquet

Celebrate Life with Laughter!
Featuring Gordon Douglas Comedy



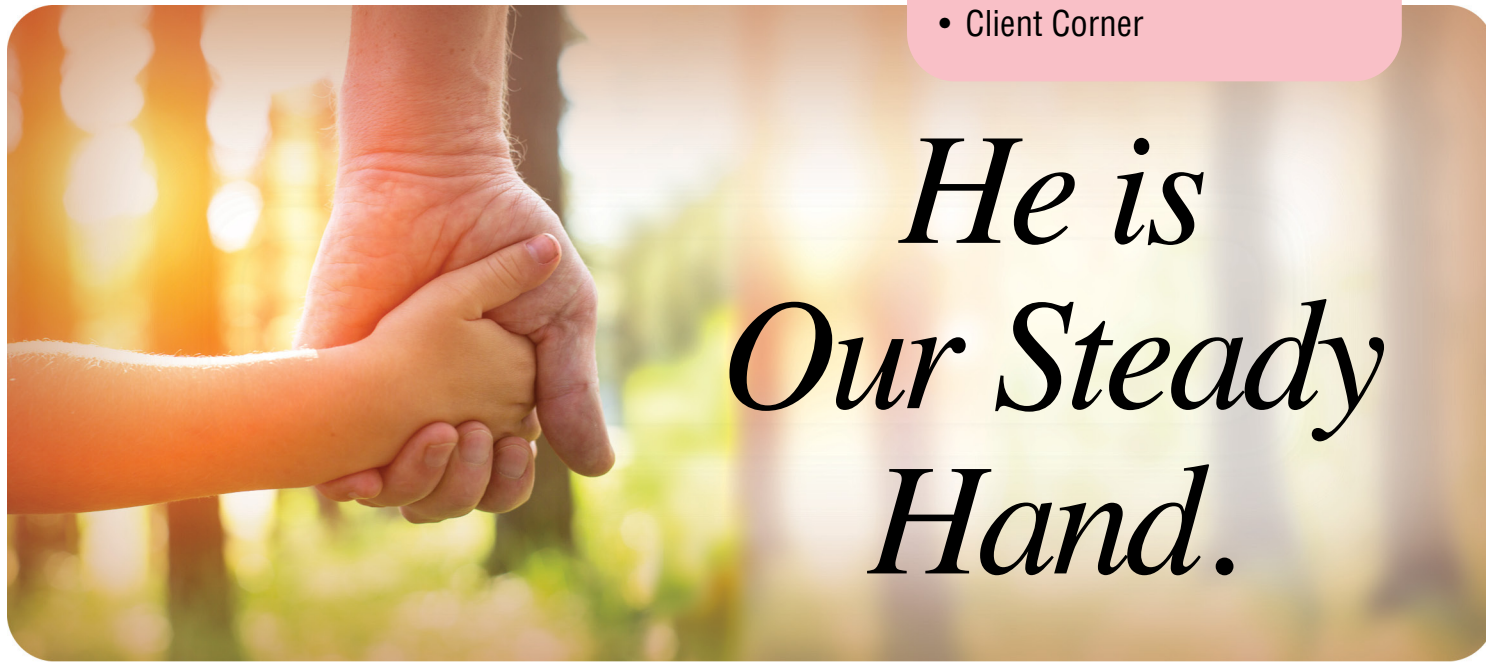
Join us as we enjoy a wonderful meal together, then share how we've been partnering with God this year at Human Life Services at our annual fall fundraising banquet! To add some fun and laughter with an inspirational testimony to follow, we'll hear from our keynote speaker, Gordon Douglas. Gordon started his comedy career in Philadelphia, moved on to Hollywood, and has since been featured on many TV and radio programs. Since then, Gordon has entered the ministry and continues to share his program of love and laughter. In 2009, Gordon and his wife Dawn were named "Parents of the Year" in Pennsylvania in recognition of their taking in 14 different boys in addition to their own 5 children. You won't want to miss this night of laughter and inspiration!

When: Friday, October 21, 2016
 (doors open at 6 p.m.)

Where: Wyndham Gardens Hotel
 (next to West Manchester Mall)

Reservations are required and seating is limited – for more information and to register, please visit our website, www.humanlifeservices.org or call Valerie at (717) 854-7615, extension 29.

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*He is
 Our Steady
 Hand.*

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MISSION STATEMENT
 Human Life Services is a life-affirming, Christ-centered pregnancy care organization, serving York through medical services, peer counseling, education, and community referrals.

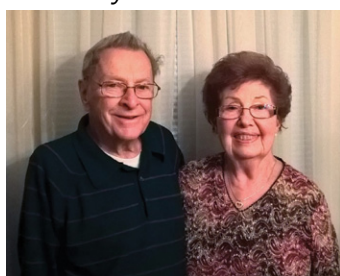
www.humanlifeservices.org



Please visit our website for more information or to make a donation.

Volunteer Spotlight

by Lisa Hildebrand



Gene and Charlotte Abel

In the early 1400s BC we find the Israelites going to battle against the Amalekites. As they battled, Moses climbed to the top of a hill. As long as Moses held the staff of God above his head, the Israelites won, but when his arms began to

drop, the Amalekites got the advantage. Moses' arms soon became so tired that he could not hold them up on his own, so Aaron and Hur rushed to his aid. Standing on each side of him, THEY held up his hands. We read in Exodus 17:13 that Joshua led the Israelites to victory because of their efforts to hold up Moses' hands!

Volunteers are much like Aaron and Hur — they hold up the hands of those doing ministry. I recently connected with two such volunteers, Gene and Charlotte Abel. Nearly seven years ago when Lora Abel came on board as HLS's Executive Director, little did we know that we would also gain two dedicated volunteers in the process! Gene and Charlotte (Lora's parents) came on board, too — kind of a package deal!

At HLS they are found helping count money from our "Baby Bottle Boomerang" fundraiser, preparing mailings, assisting with making banquet favors, and doing other tasks as needed. There are many times that they personally have held up Lora's hands doing things like providing "doggy day care," loaning Lora a car, helping around the home, listening, and praying!

Their volunteer efforts do not stop at HLS! In their 66 years of marriage they have both been teachers in their church — teaching teen girls, junior boys and adults for quite a few years. Charlotte was church pianist/organist for a combined 50 years or more. In addition, she led cantatas, dramas, and took meals to the needy. Gene served in almost every possible position except for that of preacher! He was treasurer for over 20 years, and a member of the board. Gene and Charlotte have served with the Gideons for 32 years, distributing Bibles and speaking to churches. For more than 14 years, Gene has volunteered at the York County Prison providing one-on-one counseling. The list goes on. Their service may be summarized by words like dedication, longevity, and compassion ... these words could not be attributed to many today.

I had trouble getting them to share all the ways they volunteer because to them, it wasn't special, it was just their way of life! The Abels shared that they volunteer because it "relieves the pressure of those who are working hard in the ministry." What a legacy of lifting up the hands of God's workers! The result of their efforts — God has the victory! Thank you, Gene and Charlotte for your testimony of obedience to Christ!



The hot and humid morning gave way to cooler weather and some rain in the afternoon. Eighty-four enthusiastic golfers and 20 volunteers enjoyed a fantastic day at our fourth annual "Golf for Life" fundraiser on July 28th at Heritage Hills!

Our deepest appreciation goes to the following sponsors:
Mr. Bob Bossert of the W. Dale Brougner Foundation – Title Sponsor
Trinity Law, PC and Nicholas Insurance – Presenting Sponsors

We also want to thank Duff & Sue Forsythe for all their guidance and support.

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 Rev. Fred Walthour
 WECO Business District
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Our special thanks goes to John Malloy and Larry Ritchey for volunteering their photography skills for the day.

The following businesses supported the event with donations:

Alexander's Family Restaurant
 Festive Board
 Giant Food Stores
 KIND bars
 Martin's Potato Chips, Inc.
 Rita's Italian Ice, North York
 Royer's Flower Shop

Shoe Fly
 Stagemyer Flower Shop
 Studio 5 Styling Salon
 The Left Bank Restaurant
 Tutoni's Restaurant
 Village Greens Golf, Inc.
 Weis Markets

When you patronize these businesses, please thank them for supporting the work of Human Life Services! Visit our Facebook page to see pictures of our golf event — and don't forget to "like" us!



Is your employer's United Way campaign starting soon?

Even though we are not a United Way agency, you can donate to Human Life Services by providing our name and address on your United Way pledge sheet.



Support us when you shop for back-to-school items. #StartWithaSmile at <http://smile.amazon.com/ch/22-2625105> or click on "Donation Options" in the "Partner with HLS" section of our website for more information.

Client Corner

Lisa Hildebrand
 Client Services Director



Information — our culture thrives on it! And today the internet and digital resources provide immediate access to almost anything we want to know. Twenty years ago less than 1% of the world had internet access; now it's over 40%! The information we hear and search for changes our everyday decisions and direction of life almost instantaneously at times! This can be a good thing — and sometimes a bad thing — but in most cases, solid information for someone in an unplanned pregnancy makes the difference between life and death for their child.

Diana went to Planned Parenthood to explore her options for her unplanned pregnancy. When she read the information about abortion procedures, she quickly realized she could not go through with that option. She turned to Human Life Services for help and more options. Her parents kicked her out and refused to let her move back in unless she had an abortion. The father of the baby was not able to help her either. She had no place to go. She was scared. As she tearfully told us her story she said, "How could I live with myself if I traded my baby for a bed to sleep in?" What a choice to have to make!

HLS was able to provide her with connections she needed to get her through her pregnancy. We walked with her through all the obstacles she faced — including housing, work, relatives, and her relationship with the father. It was a roller coaster ride for Diana, but she continued to choose life! Just one week ago, she gave birth to a precious little boy. When she called to tell us he was born, our Admin Coordinator said, "I could just hear the JOY overflowing in her voice!" Please continue to pray for Diana and her baby as they embark on life's journey together. Pray that as she continues to search the information highways for help ... she will find all the help she needs in Christ!

Prayer Requests:

Volunteer Advocates needed!! All shifts – at the center and out at agencies! We will train! If God has been tugging at your heart, pray and follow His lead!

Pray that more abortion-minded men & women will come for appointments at HLS.

Kicking off a new post abortion recovery group in September – pray that God will lead the individuals he chooses to the group

An exciting opportunity has opened up to connect with teens at the York County Youth Development Center! If you have a heart for impacting teens towards better life choices and sharing the gospel – this may be for you! We conduct one-on-one sessions as well as guys and girls groups. Give us a call to see if this opportunity is a right fit for you!

Did You Know?

The color of your hair, your eyes, your fingerprints, your gender, your skin tone, your physical appearance — all were determined AT CONCEPTION! It's in your DNA!!



Client Needs

- Size 3, 5 & 6 Diapers
- Similac Advanced Formula
- Similac Soy Formula
- Wipes
- Dreft Detergent (or equivalent)
- Large Diaper Bags
- Hooded Towels
- Diaper Rash Ointment
- New Boys Clothes – up to 2T
- Rain Covers for Strollers
- Small items for layettes: thermometers, nail clippers, medicine droppers, bottle brushes, etc.

Please call Lisa at 854-7615 or see the updated needs list on our website.

Volunteer Needs

- Volunteers needed to work with our sexual integrity program in house & at community events – we will train you!
- Event workers needed to man tables, set up, connect with community
- Prayer power needed! Become an on-site intercessor (once a month). Call us to schedule a time!
- Evening Volunteers at the center – we will train you!



Have you become a different person since your abortion? Are you experiencing any of the following?

- Irritability/Anger
- Unexplained Sadness/Depression
- Difficulty Concentrating
- Difficulty in Relationships
- Increased Drug or Alcohol Use
- Engaging in Risky Sexual Behaviors
- Eating Disorder
- Suicidal Thoughts

If you answered yes to any of the above statements, you may be suffering from Post-abortion syndrome (PAS). HLS is planning to start a fall post-abortion recovery group. Contact Susan Keeny at 717-854-7615 to see if this might be a group that is helpful for you. All of our services are confidential and at no cost to you.